

## To Register

Select your class dates (see inside)  
Your child's other parent can attend the same class as you, if you both agree. Otherwise, we anticipate most parents will attend on different dates.

1. Complete the registration form. You can get one from the county Clerk of Court office, or call Marquette County Extension at 608-297-3141, or email [jackie.stoneman@ces.uwex.edu](mailto:jackie.stoneman@ces.uwex.edu)
2. Pay the \$15 fee. (\$30 charge for returned checks.)
3. Financial hardship? When you register, ask us about full or partial scholarship.

## Parents have said about these classes:

- ◇ *I enjoyed coming to this class — helps to hear others going through the same things and know I am not in it alone.*
- ◇ *Better class than I expected, no reason to dread it :-)*
- ◇ *Great class and it was nice to have interaction with other parents going through similar situations.*

## How do these classes help families?

- The single best predictor of a child's well-being is continuing, meaningful involvement with both parents.
- Children cope well when parents cope well.
- Children do best when they are not caught in the middle.
- Children need a support system.

## These classes help you help your children.



# Parents Forever™

*2017 Schedule*

**A class for parents in the process of divorce, already divorced, or never married but separating.**



**UW  
Extension**

Marquette County  
UW-Extension Office  
480 Underwood Avenue  
Montello, WI 53949  
608-297-3141

# 2017 Class Schedule\*

**Classes are held Fridays,  
9:00-11:00 am.**

January 20 and 27, Adams  
February 17 and 24, Montello  
March 24 and 31, Adams  
April 21 and 28, Montello  
May 19 and 26, Adams  
June 16 and 23, Montello  
July 21 and 28, Adams  
August 18 and 24, Montello  
September 15 and 29, Adams  
October 20 and 27, Montello  
November 3 and 17, Adams  
December 8 and 15, Montello

Additional dates in Portage, WI. Please ask, or visit  
<http://columbia.uwex.edu/family-living/children-in-the-middle/>

## Adams Location

Adams County Community Center  
569 N. Cedar St., Adams

## Montello Location

County Services Center  
480 Underwood Avenue, Montello

\*Schedule is **tentative**, please call 608-297-3141 to register and to confirm class dates and times, or email [jackie.stoneman@ces.uwex.edu](mailto:jackie.stoneman@ces.uwex.edu) or check our website <http://marquette.uwex.edu>

# How does this class work?

To complete the course you must attend the four-hour training (two hours each day) and complete a home activity.

After completing the course, you will receive a Certificate of Completion. We will forward a copy to the Court.



## Attend together or separately?

Most couples attend separately. Some couples choose to attend the same classes; it is your decision.

If you have concerns about this, talk with the other parent and/or call Sue Allen, Family Living Educator, at 608-297-3139.

## Topics discussed include:

- ◆ The effects of divorce and conflict
- ◆ How you can help yourself and your child(ren) cope better during stressful times and transitions.
- ◆ How to co-parent so that everyone in the family recognizes how to keep children from being put in the middle.
- ◆ Communication skills that can help you and your child(ren) lead happier, less stressful lives.



This course is designed for divorcing parents, but the material also assists parents who were never married and are co-parenting a child.

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